

Saturday, September 7

7:00 AM – 7:30 AM

Networking Breakfast

7:30 AM – 7:50 AM

Prostate Cancer Screening and diagnosis for the APP

Presenter: Christina Rowland M.; CNP

- Topic agenda:
 - Review the Early Detection of Prostate Cancer AUA/SUO Guidelines 2023 statements and compare to prior guidelines from 2018 focusing on rationale, LOE and strength of recommendations.
 - Apply the Early Detection of Prostate Cancer AUA/SUO Guidelines 2023 to different patient scenarios with the goal of increasing benefits to patients while decreasing potential harm
 - Review indications for MRI of the prostate and biomarker usage in screening for Prostate cancer

7:50 AM – 8:10 AM

Urethral Stricture Update for APP:

Presenter: Alex Vanni, MD

- Topic Agenda:
 - Relevant anatomy for patients undergoing urethroplasty
 - Basic types of urethroplasty procedures
 - Routine urethroplasty post-operative care and common perioperative complications and management

8:10 AM – 8:30AM

Urodynamics: Introduction

Presenter: Joel Lee, PA-C

- Topic agenda:
 - Overview of urodynamic testing, with the goal of equipping APP colleagues with better understanding of the test and interpreting findings.
 - Indications for urodynamic testing.
 - Setting expectations on what information the test provides (and what it does not)
 - Different testing components and findings.

8:30 AM – 8:50 AM

Transgender Care for the APP

Presenter: Khushabu Kasabwala, MD

- Topic agenda:
 - Use of appropriate terminology for gender diverse individuals in medical setting
 - Urological needs of gender-diverse patients
 - Surgical options for gender-affirmation

9:00 AM – 10:00 AM **Sex Therapist**

(50 min with 10 min for questions)

Presenter: Michele Waldron, Psy.D, LADC-I, CSCT

- Topic agenda:
 - What happens (and doesn't happen) in sex therapy?
 - Overview of the Biopsychosocial model as a framework for assessment and interventions
 - Common sex therapy approaches (mindfulness, sensate focus therapy, Cognitive Behavioral Therapy)